Young Carers Project
Summer Activity Plan 2019

This booklet is for you to keep so you know what the plans are for the full summer, make sure you keep it somewhere safe!

**Step One:** Read through all the activities.

**Step Two:** Choose which ones you fancy.

**Step Three:** Get a parent/guardian to complete the consent form CLEARLY.

**Step Four:** Return the consent form by **Friday 12th July**.

**Step Five:** Do not assume you have a place on your chosen activity; we will contact you to let you know.

If you have any other questions please read through the FAQS page in this booklet.

Young Carers Team :)
Frequently Asked Questions

Allocation of places:

My child has a caring role but is not registered with the project can they still attend? No your child must be registered as a Young Carer with our project in order to attend an activity. If you would like to refer your child please contact a member of the team.

Where do I return the consent form? Return the completed consent form to the Levi Cosker (Young Carers Activity Officer) at The Young Carers Project, Marsden Road Health and Wellbeing Centre, Marsden Road, South Shields, NE34 6RE. You can also hand it in to a member of staff at our after school groups.

I have more than one child who is a young carer; can I write their details all on the same form? No, please use a separate form per child to make all medical information clear.

I have missed the hand in date; can I still submit the consent form? Yes, however if the places have all been allocated your child will be put on the reserve list.

My child does not attend the weekly youth clubs but would like to come to an activity, are they eligible? Yes they can still request a place, we offer a number of services. It is not obligatory to access all of them.

Can I just bring the consent form on the day of the activity? No, please submit the form prior to the activity.

My child is too young for their chosen activity will they still be considered? We plan our activities so that they are age appropriate for the selected age group, sometimes however if we do accommodate some Young Carers who are outside of the stipulated age range. This is at the discretion of the staff.

How do I know if my child has been given a place? Do not assume you have a place you WILL be contacted by the Young Carers activity team prior to the event to let you know if your child has been allocated a place. This is usually done via text.

Are the activities ‘first come first served’? No the places are allocated based on the need of the Young Carer and the impact of their caring role.

Do we have to pay for the activities? No all activities are funded via the project and fundraising. The only time you will be asked to bring some money is if your child wants to buy a drink/ice cream or a souvenir however this is usually optional. Family events may require you to pay for lunch. If you would like to make a contribution to the charity you can do so by cheque, cash or our Just Giving Page. Please ask a member of staff for more details.
On the day of the activity:

**What should my child wear/bring with them?** As each activity is different please consult the individual activity description. As a general rule we ask for the Young Carers to be dressed in weather appropriate clothing and comfortable shoes. There may be a need to bring or wear specific items so please check the activity description.

**Should I drop my child off earlier than the stated time?** No please endeavour to arrive at the time stated, if you arrive too early this will be an inconvenience and it may be the case that you have to wait outside with your child until the stated time.

**Can I just drop my child off and leave?** No please make sure that you have handed your child over to one of the Young Carers staff. Please supply details of who is expected to collect your child and any other important information. This is for the safety of the young person.

**My child has allergies/a medical complaint do you need to know about it?** Yes, please clearly state all relevant medical information on the consent form provided. If your child needs to take medication throughout the course of the activity please supply the medicine with clear instructions and clearly labelled with your child’s name. We cannot administer medicine but we can remind your child to take it.

**Can my child bring their mobile phone?** This is at the discretion of staff. If we have allowed your child to bring their mobile then it is reminded that all personal property is brought at the risk of the Young Carer and it is their responsibility. Young Carers staff will not accept liability for lost or damaged property.

**My child no longer wants to go/has become ill what should I do?** Please notify us at the earliest point, the places for activities are limited and are often expensive, if you give us enough notice of cancellation then we can give another child an opportunity from the reserve list. If you do not let us know this will affect your allocation for places on future activities.

**My child has displayed bad behaviour during the activity, what happens next?** We understand that the issues facing Young Carers can often stimulate bad behaviour (e.g. anger problems/stress/anxiety) however we do still need to maintain a code of conduct and a clear set of rules and boundaries. If your child displays behaviour that is not in line with our code of conduct we will need to act accordingly. You will be given a call regarding the behaviour displayed and we will discuss any areas of support your child may require. Depending on the severity of the incident they may be removed from future activities.

**My child is new to the project, they are nervous that they won’t know anyone.** It is completely normal to feel nervous when your child first attends an activity. It may be that your child is not the only new Young Carer on the activity! We will make sure that your child is not left on their own and ensure that they are engaged with other Young Carers. If you have any concerns or questions please do not hesitate to call one of the young carers team. Our aim is to make the experience as enjoyable as possible for the Young Carers involved :)
Family days:

**We would like to come to a family day, who is eligible to go?** Any of the family can attend these activities including the cared for person. Spaces are however limited to 3 per family including the Young Carer. If you have a large family and 3 spaces is not enough please let a member of staff know. We may be able to help however this is not guaranteed.

**Can my child (Young Carer) attend the family days on their own?** No, the family days are intended for the Young Carer to spend time with someone in their family as well as the rest of the group.

**I (parent/guardian) cannot attend the family day can another adult attend in my place such as an auntie/uncle/grandparent?** Yes as long as your child is accompanied by an adult and we are notified of who will be attending.

**Are all of the activities accessible for wheelchair users/people unable to walk great distances?** We do try our best to accommodate everyone however some of the activities will include a lot of walking, please use your discretion when requesting a place.

If you have any other questions/queries/concerns please do not hesitate to contact Levi, Jayne or Katherine.

**Contact Information:**

**Address:** TEN South Tyneside Young Carers, Marsden Road Health Centre, NE34 6RE  
**Office Number:** 0191 4274295  
**Levi Cosker (Programme Lead):** 07387109388  
**Jayne and Katherine’s Number:** 07772482330  
**Email:** levi@styoungcarers.org.uk  
**Facebook:** www.facebook.com/STYoung Carers  
**Instagram:** STYoungCarers

**Website:** www.southtynesideyoungcarers.org
After School Groups Timetable:

Please note the weekly after school groups **DO NOT** run throughout the summer programme. After school groups will commence week beginning Monday 9th September. Please check our website for up to date information on after school groups and other

<table>
<thead>
<tr>
<th>Day of The Week</th>
<th>Group Type</th>
<th>Age</th>
<th>Time</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Homework Club</td>
<td>All ages</td>
<td>(To Be Confirmed)</td>
<td>(To Be Confirmed)</td>
</tr>
<tr>
<td>Tuesday</td>
<td>After School Club</td>
<td>Age 5 – End of Year 2</td>
<td>4.00pm – 5.30pm</td>
<td>Ocean Road Community Centre (As of September)</td>
</tr>
<tr>
<td>Wednesday</td>
<td>After School Club</td>
<td>Year 3 – Year 6</td>
<td>4.30pm – 6.00pm</td>
<td>Ocean Road Community Centre</td>
</tr>
<tr>
<td>Thursday**</td>
<td>After School Club</td>
<td>Year 7 – Year 11</td>
<td>4.30pm – 6.00pm</td>
<td>Ocean Road Community Centre</td>
</tr>
<tr>
<td>Friday</td>
<td>Transitional Group</td>
<td>16 – 24</td>
<td>5.00pm – 7.00pm</td>
<td>Various Locations</td>
</tr>
</tbody>
</table>

** The Thursday group for Young Carers in Year 7 – Year 11 is held on the first and third Thursday of every month. Dates may vary depending on school holidays so please check the calendar on our web-

Family Forum

Our Family Forums will take place each week of the school holidays, alongside Tuesdays Katie's Garden sessions. This will give families the chance to meet up and have a chat and also a chance to get to know Katherine our Family Worker. She will be there to support you with any issues or questions you have over a cuppa and cake. The last week will be our Katie's Garden Family Craft session.

**Week 1:** Tuesday 23rd July, Marsden Road Health Centre, 10.00am—12.00pm

**Week 2:** Tuesday 30th July, Marsden Road Health Centre, 10.00am—12.00pm

**Week 3:** Tuesday 6th August, Marsden Road Health Centre, 10.00am—12.00pm

**Week 4:** Tuesday 13th August, Marsden Road Health Centre, 10.00am—12.00pm

**Week 5:** Tuesday 20th August, Marsden Road Health Centre, 10.00am—12.00pm
Lion King Remake and Crafts

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<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting Place</th>
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<tbody>
<tr>
<td>Monday 22.07.19</td>
<td>To Be Confirmed</td>
<td>Sunderland Empire Cinema 4 Lambton Street, Sunderland SR1 1TP</td>
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</table>

**Ages:** 8 +

**Activities:**
We will travelling to the Sunderland Empire Cinema to take part in some crafting with our friends from Katie's Garden before heading in to watch the brand new re-make of the Lion King.

**Transport:**
Please meet at the reception of the Sunderland Empire Cinema (Address Above).

**What to bring:**
You do not need to bring anything with you.

**What to wear:**
We will creating Lion King themed crafts so may be using paint and glue etc. Please wear comfortable clothing you don't mind getting a little bit dirty.

**Refreshments:**
A cinema snack box will be provided. This includes popcorn and a drink.
6 Week Craft Sessions

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting Place</th>
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<tbody>
<tr>
<td><strong>Every Tuesday</strong></td>
<td>10.00am—12.00pm</td>
<td>Activities Room 1, 2, 3 Marsden Road Health Centre, Marsden Road South Shields NE34 6RE</td>
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<tr>
<td>23.07.19</td>
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<tr>
<td>30.07.19</td>
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<td>06.08.19</td>
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<td>13.08.19</td>
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<tr>
<td>20.08.19</td>
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<tr>
<td>27.08.19 (Family Day)</td>
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**Ages:** Age 5 +

**Activities:** Our friends from Katie's Garden will be coming along to provide us with some fun arts and craft sessions. This will include Harry Potter themed sessions and much more. The last session of the 6 weeks (27.08.19) will be a FAMILY event. Family Forums will run alongside these sessions as stated on page 5.

**Transport:**
No transport is provided. Please meet at the activities room at the Young Carers office (Address Above).

**What to bring:**
You will not need to bring anything with you.

**What to wear:**
Comfortable clothing you don't mind getting a little bit dirty. We will be crafting so may be using paint and glue etc.

**Refreshments:**
A small snack pack and drink will be provided.
Adventure Valley: Family Day

Ages: FAMILY EVENT

Activities: You'll have a great day out whatever the weather at Adventure Valley! Indoors, there's the Wild West Playbarn and Play Town to climb, slide, scramble and play in, or you can feed and pet the animals in the Farmyard and Creature Corner.

Transport:
We will be travelling to Adventure Valley via minibus. Please meet at The Young Carer’s Office (Address Above) so we can travel together.

What to bring:
A packed lunch or money for your lunch and refreshments.

What to wear:
Comfortable clothing that you don’t mind getting a little bit dirty and suitable footwear.

Refreshments:
No refreshments will be provided. Please bring a packed lunch or if you would prefer, Cafe Italia offers pizzas and pastas served from 10am—4.15pm.
Arbuthnot & Pal’s Oz Adventures

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<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting Place</th>
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<tr>
<td>Thursday 25.07.19</td>
<td>10.30am—1.00pm</td>
<td>The Customs House Mill Dam South Shields NE33 1ES</td>
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**Ages:** Age 5 — 10

**Activities:** We will heading to The Customs House to see our friend Arbuthnot and his pals for a morning of fun. We will be visiting Oz to see what adventures he and his friends get up to this summer.

**Transport:**
No transport is provided. Please meet at The Customs House Reception (Address Above). We will be waiting in reception for you.

**What to bring:**
You will not need to bring anything with you.

**What to wear:**
Comfortable clothing.

**Refreshments:**
A small snack pack and drink will be provided.
**Week One**

**Football/Multi Sport Day**

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<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting Place</th>
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<tr>
<td>Friday 26.07.19</td>
<td>12.30pm—3.30pm</td>
<td>Young Carer’s Office Marsden Road Health Centre Marsden Road South Shields NE34 6RE</td>
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**Ages:** Age 5 +

**Activities:**
We will be taking part in a range of sporting activities for example football, cricket, rounder's and other sports day related activities. There will also be a presentation at the end of the day where prizes could be won.

**Transport:**
No transport is provided. Please meet us at the Young Carers Office (Address Above).

**What to bring:**
A bottle of water.

**What to wear:**
Comfortable clothing that you can jump around in that you don’t mind getting sweaty. We maybe going outside so please bring a coat.

**Refreshments:**
A small snack will be provided on the day.
### Afternoon Tea and Spa

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting Place</th>
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<tr>
<td>Monday 29.07.19</td>
<td>9.30am — 1.30pm</td>
<td>Clarion Hotel Boldon</td>
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<td>Witney Way</td>
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<td></td>
<td>Boldon</td>
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<td>NE35 9PE</td>
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**Ages:** 13 + Years

**Activities:** We will be taking a group of Young Carers to The Clarion Hotel in Boldon for afternoon tea and use of the leisure facilities. We will be swimming, heading in the sauna and steam room as well as relaxing in the Jacuzzi.

**Transport:**
No transport is provided. Please meet us at the Clarion Hotel in Boldon (Address Above). We will be waiting at reception for you.

**What to bring:**
Swimming costume and a towel.

**What to wear:**
Comfortable Clothing.

**Refreshments:**
Afternoon tea will be provided at 12.30pm. This is a selection of finger sandwiches, scones and cakes. Please let us know if you have any specific dietary requirements.
Cinema and Za Za Bazaar: Family Day

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<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting Place</th>
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<tr>
<td>Wednesday 31.07.19</td>
<td>To Be Confirmed</td>
<td>Young Carer’s Office Marsden Road Health Centre Marsden Road South Shields NE34 6RE</td>
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</table>

**Ages:** FAMILY EVENT

**Activities:** We will travelling to Newcastle for some food at Za Za Bazaar all you can eat buffet. We will then head upstairs to the cinema to watch a movie. Movie and times etc will be confirmed closer to the day.

**Transport:**
We are travelling to Newcastle via mini bus. Please meet at the Young Carer’s office (Address Above).

**What to bring:**
Money for snacks at the cinema if you would like some.

**What to wear:**
Comfortable and suitable clothing.

**Refreshments:**
Lunch will be provided. We will be heading to Za Za Bazaar for an all you can eat buffet.
Week Two

Party Soft Play Bus

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting Place</th>
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</table>
| Thursday 01.08.19 | 10.00am—12.00pm | Young Carer’s Office  
Marsden Road Health Centre  
Marsden Road  
South Shields  
NE34 6RE |

Ages: 5—10

Activities: Double Decker soft play party bus allows for a different soft play experience. The double decker bus includes: A Ball Pool, slide, cargo nets, Bif ‘N’ Bash Bags and much much more!

Transport:
No transport is provided. Please meet at The Young Carers Office (Address Above).

What to bring:
You will not need to bring anything with you.

What to wear:
Comfortable clothing and sensible shoes. You MUST wear socks!

Refreshments:
A small snack pack and drink will be provided.
Ages: 8+ Years

Activities: Experience the thrill of catching a wave on the Flowrider indoor surfing simulator. You can then dive into the pool to enjoy a swim afterwards. **Minimum Height**: 3ft 6inch. Please do not select this activity if your child cannot swim.

Transport:
Children will be transported to and from the event by mini bus. Please meet at The Young Carers Office (Address Above).

What to bring:
Children attending must wear a long t-shirt over their swimming costume. Swimsuit/trunks/shorts and a towel will be needed. Please ensure the shorts your child wears has a drawstring to tighten them.

What to wear:
Children attending must wear a long t-shirt and shorts. As well as a swimming costume underneath.

Refreshments:
No refreshments will be provided.
Week Three

Forbidden Corner: Family Day

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<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting Place</th>
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</table>
| Wednesday 07.08.19 | 9.30am– 4.30pm | Young Carer’s Office  
Marsden Road Health Centre  
Marsden Road  
South Shields  
NE34 6RE |

**Ages:** FAMILY EVENT

**Activities:** The Forbidden Corner is a unique labyrinth of tunnels, chambers, follies and surprises created within a four acre garden in the heart of Tupgill Park and the Yorkshire Dales. **PLEASE NOTE THERE IS A LOT OF WALKING ON THIS OUTDOOR ACTIVITY**

**Transport:**
We will be travelling to Forbidden Corner via mini bus. Please meet at The Young Carers office (Address Above). The journey is long so please bring travel sickness tablets if you feel you will need them.

**What to bring:**
A picnic and refreshments if you desire. Sensible footwear and waterproof clothing as it may rain.

**What to wear:**
Comfortable/weather appropriate clothing that you don’t mind getting a little bit dirty. This is an outdoor activity with a lot of walking so please bring a coat and sensible footwear.

**Refreshments:**
No refreshment will be provided. You can either bring a packed lunch to eat outside or buy food and refreshment from the onsite corner café.
Week Three

Jump 360

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting Place</th>
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</table>
| Thursday 08.08.19 | 9.30 am—1.15pm | Young Carer’s Office  
|               |              | Marsden Road Health Centre  
|               |              | Marsden Road  
|               |              | South Shields  
|               |              | NE34 6RE                                              |

**Ages:** 8+

**Activities:** We will be heading to Jump 360 to experience the fun of the trampolines that allow you to bounce off the walls. They have foam pits, traverse climbing wall and trampolines for days. Food and drink will be also be provided.

**Transport:** Please meet at The Young Carers office (Address Above) so we can travel together via mini bus to Jump 360.

**What to bring:**
A bottle of water.

**What to wear:**
Comfortable clothing that you can jump around in that you don't mind getting sweaty.

**Refreshments:**
Food and a drink will be provided to all that attend.
Week Three

Under 8 Bowling

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting Place</th>
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<tbody>
<tr>
<td>Friday 09.08.19</td>
<td>10.45pm—1.00pm</td>
<td>Dunes Bowling Reception Sea Road South Shields NE33 2LD</td>
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</tbody>
</table>

Ages: 5—8

Activities: We are going to have one game of bowling and then have lunch immediately after in the restaurant.

Transport:
No transport is provided. Please meet at the Dunes Bowling Reception (Address Above). We will be waiting inside for you.

What to bring:
**MUST** bring Socks

What to wear:
Comfortable clothing and suitable footwear.

Refreshments:
Lunch and a drink will be provided to all that attend the activity.
Battlefield Live

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting Place</th>
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<tbody>
<tr>
<td>Monday 12.08.19</td>
<td>9.45am - 12.00pm</td>
<td>Scott's House Farm Newcastle Road, West Boldon , NE36 0BE</td>
</tr>
</tbody>
</table>

Ages: 8+

Activities: Battlefield Live is taking the world by storm. Run around for 120 minutes in Battlefields outside combat space taking part in missions and racing against the clock. Shoot laser weapons to kill off your opponents or hide it out in the wreckages around the field in order to win the missions.

Transport:
No transport is provided. Please meet at Battlefield Live (Address Above).

What to bring:
A bottle of water as well as a change of clothes and shoes to go home in just in case you get super muddy.

What to wear:
You will get hot, sweaty and dirty so please wear suitable footwear and comfortable clothing to run around in.

Refreshments:
No refreshments will be provided. Please bring a drink with you.
Beamish: Family Day

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting Place</th>
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<tbody>
<tr>
<td>Wednesday 14.08.19</td>
<td>9.00am— 4.30pm</td>
<td>Young Carer’s Office Marsden Road Health Centre Marsden Road South Shields NE34 6RE</td>
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</table>

**Ages:** FAMILY EVENT

**Activities:** We are going to have a day out at Beamish; you will have the opportunity to ride on an old fashioned tram, go down the mine, visit the old fashioned sweet shop, walk around the farm and see what it was like to live back then!

**Transport:**
We are travelling to Beamish via mini bus. Please meet at the Young Carer’s office (Address Above).

**What to bring:**
Money for refreshments and food if you desire. Some families may prefer to bring a picnic or packed lunch.

**What to wear:**
Comfortable/weather appropriate. Clothing that you don’t mind getting a little bit dirty and suitable footwear.

**Refreshments:**
No refreshments will be provided however food can be bought from Beamish’s on site cafe or you can bring along a picnic if you prefer.
**Week Four**

## The Angry Birds Movie 2

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<tr>
<th>Date</th>
<th>Time</th>
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<tr>
<td>Thursday 15.08.19</td>
<td>Time to be Confirmed</td>
<td>To be Confirmed</td>
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**Ages:** 5 +

**Activities:** Red, Chuck, Bomb and the rest of their feathered friends are surprised when a green pig suggests that they put aside their differences and unite to fight a common threat. Aggressive birds from an island covered in ice are planning to use an elaborate weapon to destroy the fowl and swine way of life. After picking their best and brightest, the birds and pigs come up with a scheme to infiltrate the island, deactivate the device and return to their respective paradises intact.

**Transport:**
No transport is provided. Meeting place to be confirmed closer to the date.

**What to bring:**
Any additional snacks or money for popcorn.

**What to wear:**
Comfortable and suitable clothing.

**Refreshments:**
A small snack pack and drink will be provided.
Week Five

Inflataspace

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<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting Place</th>
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<tbody>
<tr>
<td>Monday 19.08.19</td>
<td>9.30am—1.15pm</td>
<td>Young Carer’s Office Marsden Road Health Centre</td>
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<td></td>
<td></td>
<td>Marsden Road South Shields NE34 6RE</td>
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</tbody>
</table>

Ages: 8 +

Activities: Inflataspace is an exciting and exhilarating indoor inflatable theme park experience. Come along and bounce around the inflatables go down the slides, through the obstacle course and even battle it out Gladiator style. We will then sit and relax in the café where a food and drink will be provided.

Transport:
We will be travelling to Inflataspace via mini bus. Please meet at The Young Carers Office (Address Above).

What to bring:
A bottle of water.

What to wear:
You will get hot and sweaty so please wear suitable and comfortable clothing to run and jump around in.

Refreshments:
Food and a drink will be provided after the activity.
Diggerland: Family Day

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<tr>
<th>Date</th>
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<th>Meeting Place</th>
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<tr>
<td>Wednesday 21.08.19</td>
<td>9.00am- 4.00pm</td>
<td>Young Carer’s Office Marsden Road Health Centre</td>
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<td></td>
<td></td>
<td>Marsden Road South Shields NE34 6RE</td>
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**Ages:** FAMILY EVENT

**Activities:** Diggerland is the ultimate adventure UK theme park experience where children and adults alike can ride, drive and operate real diggers, dumpers and other full size machinery. There are indoor and outdoor play areas, sandpits, coin operated rides and much more where younger visitors can let off steam while their parents can just sit back, relax and watch the fun... or join in!

**Transport:**
Please meet at The Young Carers office (Address Above), so we can travel to Diggerland via together via mini bus.

**What to bring:**
Please bring money for refreshments and lunch throughout the day.

**What to wear:**
Comfortable/weather appropriate clothing that you don’t mind getting a little bit dirty and suitable footwear.

**Refreshments:**
Refreshments will not be provided however can be bought from the Diggerland café.
Week Five

Soft Play and Lunch

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<tr>
<th>Date</th>
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<tbody>
<tr>
<td>Thursday 22.08.19</td>
<td>10.45 am—12.45pm</td>
<td>Dunes Soft Play Reception</td>
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<tr>
<td></td>
<td></td>
<td>Sea Road Reception</td>
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<td>South Shields</td>
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<td>NE33 2LD</td>
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</tbody>
</table>

Ages: 5—8

Activities: Have a run around in a fun activity area with slides and obstacles to jump on and over. Have a quick break in the middle to enjoy some food then dive back in and enjoy the fun.

Transport:
No transport is provided. Please meet at The Dunes Soft Play Reception (Address above). We will be waiting inside for you.

What to bring:
A drink of water and a pair of socks.

What to wear:
Comfortable clothing that is easy to run around in. **Must Wear Socks.**

Refreshments:
Food and Juice will be provided.
Treasure Trail and Za Za Bazaar

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 26.08.19</td>
<td>9.00am—3.00pm</td>
<td>South Shields Metro South Shields NE33 1HW</td>
</tr>
</tbody>
</table>

**Ages:** 8+

**Activities:** We will be going on a Spy mission treasure trail around Newcastle Quayside. We will then head over to Za Za Bazaar for lunch.

**Transport:** We will be travelling to our Treasure Trail via Metro. Please meet at South Shields Metro Station (Address Above).

**What to bring:**
A POP card or travel pass if you have one and a bottle of water.

**What to wear:**
Comfortable/weather appropriate clothing that you don’t mind getting a little bit dirty and suitable footwear. If it is raining a waterproof jacket.

**Refreshments:**
Lunch will be provided. We will be heading to Za Za Bazaar for lunch.
Week Six

Alnwick Gardens: Family Day

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting Place</th>
</tr>
</thead>
</table>
| Wednesday 28.08.19 | 9.00am—4.30pm | Young Carer’s Office
|                |             | Marsden Road Health Centre                                                    |
|                |             | Marsden Road South Shields                                                    |
|                |             | NE34 6RE                                                                      |

**Ages:** FAMILY EVENT

**Activities:** We are going to visit the beautiful gardens of Alnwick. Take a stroll and go on the ‘Giant adventure’, head to the Forgotten Garden for a game of mini golf or take a trip to The Castle for Harry Potter Broomstick training.

**Transport:**
Please meet at The Young Carers office (Address Above) so we can travel to Alnwick together via mini bus.

**What to bring:**
Please bring money for refreshments and lunch throughout the day.

**What to wear:**
Comfortable/weather appropriate clothing that you don’t mind getting a little bit dirty and suitable footwear.

**Refreshments:**
Refreshments will not be provided however can be bought from the cafe onsite or the fish and chip shop.
Trip to the Fair

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 29.08.19</td>
<td>10.00am—To Be Confirmed</td>
<td>Scoop and Bean</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Ocean Beach Pleasure Park</td>
</tr>
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<td>Sea Rd</td>
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<td>South Shields</td>
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<td>NE33 2LA</td>
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</tbody>
</table>

Ages: 8+

Activities: We will be heading to Ocean Beach Pleasure Park to have some fun on the rides. We will then get some chips for lunch.

Transport:
No transport is provided. Please meet at the Scoop and Bean entrance near Ocean Beach Pleasure Park (Address Above).

What to bring:
Please bring along a coat with you in case it rains.

What to wear:
Comfortable/weather appropriate clothing that you don’t mind getting a little bit dirty and suitable footwear.

Refreshments:
A small bag of chips will be provided for lunch.
Week Six

Playmobil: The Movie

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday 30.08.19</td>
<td>To Be Confirmed</td>
<td>To Be Confirmed</td>
</tr>
</tbody>
</table>

Ages: 5+

Activities: We will be heading to the cinema to see the Playmobil movie. A young woman travels to the animated world of Playmobil to find her missing brother.

Transport:
No transport is provided. Please meet at the venue once confirmed.

What to bring:
Any additional snack you want to bring or you can also bring money for popcorn.

What to wear:
Comfortable and suitable clothing.

Refreshments:
A small snack pack and drink will be provided.
Marsden Road Family Fun Day

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday 31.08.19</td>
<td>12.00pm—3.00pm</td>
<td>Marsden Road Health and Wellbeing Centre, Marsden Road, South Shields NE34 6RE</td>
</tr>
</tbody>
</table>

**Ages:** FAMILY EVENT

**Activities:** Marsden Road Health and Wellbeing Centre will be hosting a fun day for all of the family. The event will include; Face painter, Entertainer, Science Workshop, Crafts, Games and much more!

**Transport:**
No transport is provided. Please meet at Marsden Road Health Centre (Address Above)

**What to bring:**
Money for refreshments.

**What to wear:**
Comfortable and suitable clothing.

**Refreshments:**
Refreshments will be available to purchase on the day.